



# GET ON THE RIGHT TRACK FOR RIO 2016

## CHALLENGE

Are you up for the challenge? Form a team of 5 colleagues and join the race from London to Rio.

From walking to football and dance, any exercise you or your team-mates do between **16 May** and **5 August 2016** will speed you along the interactive route towards Rio.

Get on the right track for the Olympics in Rio this year.

- ★ LEADER BOARDS
- ★ BONUS SPORTS POINTS
- ★ CALORIE BURN STATS
- ★ GREAT PRIZES



16 May – 5 August 2016 [www.reachingrio.org](http://www.reachingrio.org)

**GET FIT, GET HEALTHY, HAVE FUN AND WIN PRIZES!**

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